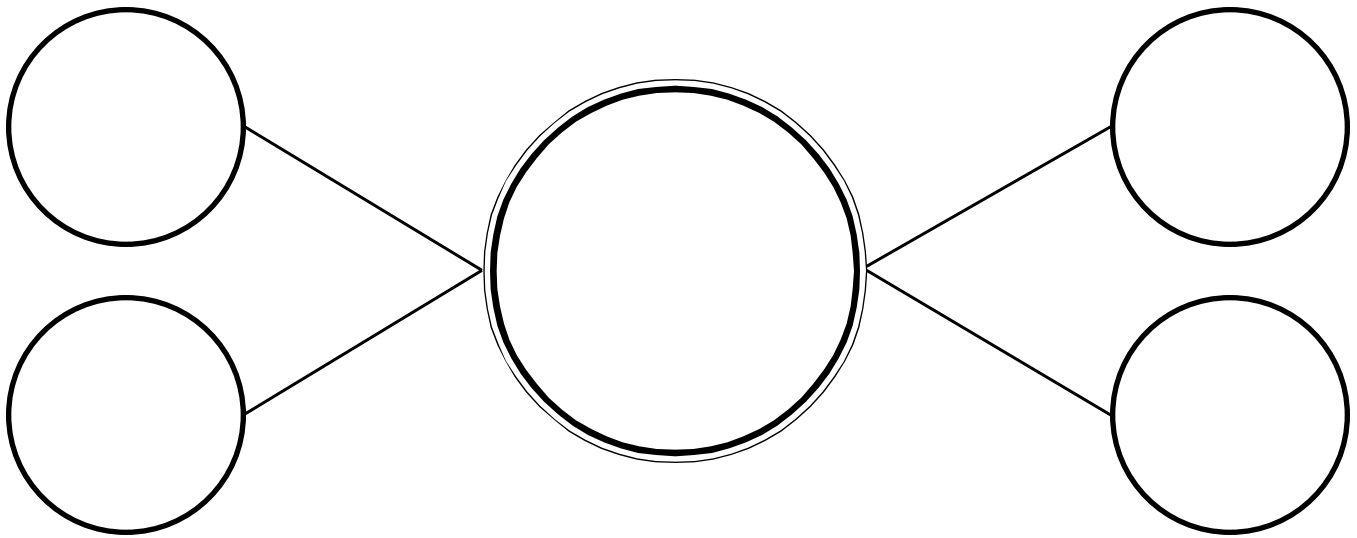


Circles of My Multicultural Self

This activity highlights the multiple dimensions of our identity. It addresses the importance of self-defining what is important about ourselves as well as the importance of challenging stereotypes.

Part 1

Place your name in the center circle of the structure below. In each of the satellite circles, write an aspect of your identity - an identifier or descriptor - that you feel is important in defining you. This can include anything: Asian American, female, mother, athlete, educator, Taoist, scientist, or any descriptor with which you identify.



Questions:

1. Share a story about a time you felt “included” or “respected” in relation to one of the descriptors used above.
2. Share a story about a time you felt “excluded” or “disrespected” in relation to one of the descriptors used above.

Part 2

Name a stereotype associated with one of the groups with which you identify that is not consistent with who you are. Fill in the following sentence:

I am a(n) _____ but I am NOT a(n) _____.

So if one of my identifiers was “Christian,” and I thought a stereotype was that all Christians are radical, right-wing Republicans, my sentence would be:

“I am a Christian, but I am NOT a radical right-wing Republican.”